

WONDER YEARS

AUTUMN/WINTER MENU WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 7.30AM - 8.15AM	WEETABIX, CORNFLAKES OR PORRIDGE. WHOLEMEAL TOAST, CRUMPETS OR FRUIT YOGURT				
DRINK	MILK & WATER AVAILABLE ALL DAY				
SNACK 10.30AM	CREAM CRACKERS , SOFT CHEESE & BANANA	PANCAKES, HONEY & BERRIES	FRUIT BREAD, YOGURTS & CUCUMBER STICKS	BREADSTICKS, YOGURTS & APPLE SLCES	WHOLEMEAL PITTAS, DIPS & CARROT STICKS
LUNCH 12.15PM	BUTTER CHICKEN CURRY	MINI TOAD IN THE HOLE	SALMON PASTA BAKE	CHICKEN FAJITAS	MEADOWFRESH CHEESE, ONION & POTATO PIE
SIDES	BOILED WHITE RICE NAAN BREAD	BROCCOLI & CARROTS MASH & GRAVY	GARDEN PEAS & GARLIC BREAD	SWEETCORN, HOMEMADE POTATO WEDGES	BAKED BEANS OR BROCCOLI
DESSERT	ORANGE SLICES	FRUIT SURPRISE	FRUIT CAKE	STRAWBERRY MOUSSE	BROWNIES
DRINK	MILK & WATER AVAILABLE ALL DAY				
TEA 3.15PM	TOM & MOZZARELLA PIN WHEELS & YOGURT	SCRAMBLED EGGS & ENGLISH MUFFIN	BAGELS , CREAM CHEESE & APPLE	FRUIT BREAD ORANGE SLICES	HAM & CHEESE SANDWICHES APPLE SLICES
DRINK	MILK & WATER AVAILABLE ALL DAY				

ALL MEALS ARE LOVINGLY COOKED ON SITE BY OUR TALENTED COOKS

ALL MEALS AND SNACKS WILL BE ALTERED TO CATER FOR ALL DIETARY REQUIREMENTS. WE ARE A NUT FREE NURSERY

FIRST INTRODUCTIONS TO FOOD ARE VERY IMPORTANT FOR WEANING BABIES. WE WILL WORK CLOSELY WITH PARENTS/CARERS THROUGHOUT THIS STAGE AND INTRODUCE NEW TEXTURES AND FLAVOURS WHEN YOU FEEL ITS APPROPRIATE DEPENDING ON YOUR CHILDS INDIVIDUAL NEEDS, MANY OF OUR MEALS CAN BE MASHED OR PUREED.